



## Registration Form

Thank you for registering for our upcoming Santo Tomas Retreat!  
**Please fill out the following form (one per guest) in its entirety,  
scan and return as soon as possible to reserve your spot!**  
We look forward to welcoming you as a valued guest.

**Date of Retreat:**

**Name (first and last):**

**Date of Birth:**

**Address:**

**City:**

**State:**

**Zip:**

**Phone # (Cell):**

**Email Address:**

**Emergency Contact (Name/Relationship & Phone Number):**

**Do you have a valid Passport Book or Passport Card?**

(YOU MUST HAVE A PASSPORT BOOK OR PASSPORT CARD TO RE-ENTER THE U.S.) For information on obtaining a Passport Book or Passport Card see:

<http://travel.state.gov/content/passports/english/passports/information/card.html>

\*Processing can take 4-6 weeks.

**If you're requesting to share a room with another guest please write the guest's name here:**

**Please answer the following questions:**

- 1. Please describe your experience with yoga. (No experience is ok)**
  
- 2. Please describe your experience with Stand Up Paddle Boarding. (No experience is ok)**
  
- 3. What is your swimming ability?**
  
- 4. Have you had any injuries, surgeries, or major illnesses? Past or present? (If Yes, please explain)**
  
- 5. What would you like to get out of this retreat?**
  
- 6. Do you have any allergies? (If Yes, please explain)**
  
- 7. Do you have any dietary restrictions? (If Yes, please explain)**
  
- 8. How did you hear about Santo Tomas Retreats?**
  
- 9. What is your T-Shirt size?**

To reserve your spot today, please print, sign and date below, agreeing to the following:

I am in good health and feel confident in my ability to participate safely in the retreat. I agree to hold Hanna Lowe Hinze, Erin Lowe, Santo Tomas Retreats and its employees free from any and all claims, injuries, demands, damages, costs, expenses and/or loss of service resulting from my participation in the Santo Tomas Retreat in Santo Tomas, Sonora, Mexico. I agree to reimburse Hanna Lowe Hinze and Erin Lowe for any damages resulting from my attendance at the retreat. I assume all liability for participation in the retreat and release Hanna Lowe Hinze, Erin Lowe, Santo Tomas Retreats and its employees from all liability.

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Print Name

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Date

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Signature

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Date